



Monday

Breakfast 08.00 - 09.15 Lunch 12.15 - 13.30 Dinner 18.00 - 19.30 (out of term 18.00 - 19.00)

#### GLOBAL VEGAN KITCHEN £1.80/£2.70

Greek style potato & courgette bake with kale chips (CE)



Goan style fish curry with toasted coconut & poppadum (F)(M)

#### FAVOURITES £3.10/£3.55

Beef & Chianti lasagne with garlic bread (CE)(SUL)(G)(M)

JACKET POTATO WITH GUEST VEGETARIAN FILLING ALWAYS AVAILABLE £1.50/85p

#### **SOUP**

Chicken & black bean chowder (CE)(SUL) £1.00/£1.35

#### SIDES

Basmati rice Roasted courgettes Sauté potatoes Carrots & corn

all priced at £0.85/£1.10

#### Dessert

Lemon & raspberry sponge with cream (M)(E)(G)all priced at £1.45/£1.80

#### **SUPPER CLUB**

Chicken & chorizo burger topped with melting mozzarella (SUL)(M)(G) -£3.10/£3.55

Venison ragu puff pastry pie (E)(M)(G)(CE)(G)(SOY) - £2.80/£3.40 Lentil, spinach & mushroom enchilada (CE) - £1.80/£2.60 Pasta Bar with fresh pasta, a choice of two sauces & garlic bread (G) - £1.80/£2.60

#### **SIDES**

Blown couscous

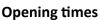
French beans

Steamed leeks

Skinny fries

### Servery

Tuesday



Breakfast 08.00 - 09.15 Lunch 12.15 - 13.30 Dinner 18.00 - 19.30 (out of term 18.00 - 19.00)



#### MAINS

#### GLOBAL VEGAN KITCHEN £1.80/£2.70

Tofu & sesame pad Thai with grilled lime & peanuts (SES)(SOY)(N)

#### BOWL CULTURE £2.80/£3.40

Honeyed lamb & apricot tagine with fresh pomegranate (CE)(SUL)(G)

#### FAVOURITES £3.10/£3.55

Garlic & rosemary marinated pork rib eye with caramelised apples & pears

#### GLOBAL VEGAN KITCHEN £1.80/£2.70

Tofu & sesame pad Thai with grilled lime & peanuts (SES)(SOY)(N)

### JACKET POTATO WITH GUEST VEGETARIAN FILLING ALWAYS AVAILABLE £1.50/85p

#### **SOUP**

Seafood chowder (MUS)(F)(M)(CE) £1.00/£1.35

#### SIDES

Sticky red cabbage
(SUL)
Fruity cous cous
Steamed beans
Steamed new potato

all priced at £0.85/£1.10

#### Dessert

Marmalade bread & butter pudding with custard (M)(E)(G)(SOY)(N) all priced at £1.45/£1.80

#### **SUPPER CLUB**

Tandoori marinated chicken leg with yoghurt dressing( M)(MU)(SUL) - £2.80/£3.40

Indian spiced cod fillet with spiced lentils (F) - £3.10/£3.55

Aubergine , chickpea & squash korma with naan bread (MU)(G) - £1.80/£2.60

Jacket potato with a choice of two fillings - £1.80/£2.60

#### **SIDES**

Boiled rice

**Cumin carrots** 

Mustard seed greens

Saag aloo





Wednesday

#### **Opening times**

Breakfast 08.00 - 09.15 Lunch 12.15 - 13.30 Dinner 18.00 - 19.30 (out of term 18.00 - 19.00)

#### MAINS

#### GLOBAL VEGAN KITCHEN £1.80/£2.70

Sweet potato & lentil stew with broad bean pesto (CE)

#### BOWL CULTURE £2.80/£3.40

Crispy butter milk chicken with kale & celeriac slaw (M)(G)(SUL)

#### FAVOURITES £3.10/£3.55

Topside of beef with Yorkshire puddings & meat gravy (G)

JACKET POTATO WITH GUEST

VEGETARIAN FILLING ALWAYS AVAILABLE
£1.50/85p

#### **SOUP**

Leek & potato (CE)(M) £1.00/£1.35

#### SIDES

Thyme roast potatoes
Roasted carrots
Savoy cabbage
Rice & peas

all priced at £0.85/£1.10

#### Dessert

Doughnuts with jam sauce (M)(G)(E)(SOY)

all priced at £1.45/£1.80

#### **SUPPER CLUB**

Pork & peanut satay (N)(SOY) - £2.70/£3.40 Smoked salmon & herb fishcake with chive cream sauce (F)(G)(M)(SUL) - £3.10/£3.55

Winter vegetable & Quorn hotpot (E) - £1.80/£2.60 Pasta Bar with fresh pasta, a choice of two sauces & garlic bread (G) - £1.80/£2.60

#### **SIDES**

Sauté potatoes

Minted peas

Roast cherry tomatoes with basil

sticky rice all priced at £0.85/£1.10





Thursday

#### **Opening times**

Breakfast 08.00 - 09.15 Lunch 12.15 - 13.30 Dinner 18.00 - 19.30 (out of term 18.00 - 19.00)

#### MAINS

#### GLOBAL VEGAN KITCHEN £1.80/£2.70

Stuffed baked peppers with cashews & wild rice (N)

#### FAVOURITES £3.10/£3.55

Tuna, spring onion & cheesy pasta bake (F)(M)(G)

#### BOWL CULTURE £2.80/£3.40

Turkey & pepper korma with naan bread (MU)(G)

JACKET POTATO WITH GUEST

VEGETARIAN FILLING ALWAYS AVAILABLE
£1.50/85p

#### **SOUP**

Watercress & ginger (CE) £1.00/£1.35

#### SIDES

Colcannon mash
Steamed broccoli
Sweetcorn
Turmeric rice

all priced at £0.85/£1.10

#### Dessert

Condensed milk rice pudding with berry (M) compote all priced at £1.45/£1.80

#### **SUPPER CLUB**

Sticky pulled lamb shoulder with olives, tomatoes & oregano (SUL) - £2.80/£3.40

Braised beef with baby onion, bacon & mushrooms - £3.10/£3.55

Mushroom & tofu stroganoff (M) - £1.80/£2.60

Jacket potato with a choice of two fillings - £1.80/£2.60

#### **SIDES**

New potatoes

Provençal courgettes

Wilted savoy cabbage

Mash potatoes





Friday

#### **Opening times**

Breakfast 08.00 - 09.15 Lunch 12.15 - 13.30 Dinner 18.00 - 19.30 (out of term 18.00 - 19.00)

#### FAVOURITES £3.10/£3.55

Sustainably sourced hand battered fish served with tartar sauce, a healthy steamed option available (G)(F)(E)(M)(MU)(SUL)

#### BOWL CULTURE £2.80/£3.40

Beef, Milton ale & mushroom pie (CE)(G

#### GLOBAL VEGAN KITCHEN £1.80/£2.70

Pasta shells with broccoli, tomato lemon & black pepper (G)

JACKET POTATO WITH GUEST VEGETARIAN FILLING ALWAYS AVAILABLE £1.50/85p

#### **SOUP**

Autumn vegetable soup (CE)(G) £1.00/£1.35

#### SIDES

Mushy peas Winter greens Market mixed veg Chunky Chips (G)

all priced at £0.85/£1.10

#### Dessert

Pecan blondies with chocolate sauce (M)(E)(SOY)(G)(N)all priced at £1.45/£1.80

#### **SUPPER CLUB**

Breaded scampi with tartar sauce (CRUS)(G)(E)(M)(MU)(SUL) -£2.80/£3.40

Chicken Kiev with tomato & coriander salsa (G)(M)(CE) - £3.10/£3.55 Chive & wild mushroom risotto with shaved vegetarian hard cheese -£1.80/£2.60

> Pasta Bar with fresh pasta, a choice of two sauces & garlic bread (G) - £1.80/£2.60

### **SIDES**

Curly fries

Steamed broccoli

Glazed carrots

New potatoes

### Servery

Saturday Brunch



#### **Opening times**

Brunch 11.00 - 13.30 Dinner 18.00 - 19.30 (out of term 18.00 - 19.00)

#### Continental

Bagel (G) (M) - £0.75/£0.85

Croissant (E) (G) (M) - £0.75/£0.85

Waffles x 2 (E) (G) (M) - £1.95/£1.60

Pastries (G) - £0.75/£0.85

Pancakes x 3 (G) - £1.50/£1.80

#### BOWL BAR

DIY Bowl - Includes granola, fruit, dried fruit, yogurt, nuts, cereal, syrup & seeds - £2.60

Overnight oats (G) - £1.80/£1.90

Fresh fruit bowl - £1.80

Cereal - £1.00

#### **ENGLISH BREAKFAST**

Slice (green/smoked) bacon - £0.75/£0.95

Sausage (G) - £0.85/£1.05

Two vegan sausages (CE) (G) - £1.20/£1.55

Sliced fried bread (G) (SOY) - £0.30/£0.40

Portion baked beans - £0.75/£1.00

Slice black pudding (G) - £0.50/£0.75

Fried egg (E) - £0.30/£0.40

Scrambled egg (E) (M) - £0.80/£1.00

Tomatoes x 2 - £0.35/£0.45

Mushrooms - £0.90/£1.25

### BRUNCH SPECIAL - £3.75/£4.50

See specials board

#### SATURDAY NIGHT SUPPER CLUB

6oz rump steak with béarnaise sauce (SUL)(E)(M) - £2.80/£3.40

BBQ sea bream fillet marinated with lemongrass & chilli (F) - £3.10/£3.55

Grilled halloumi with roasted red onion & pesto (M)

vith roasted red onion & pesto (M) - £1.80/£2.60

#### SIDES

Steamed rice
Onion rings (G)
Chunky chips
Slow roast tomatoes



### Servery

Sunday Brunch

#### **Opening times**

Brunch 11.00 - 13.30 Dinner 18.00 - 19.30 (out of term 18.00 - 19.00)



#### Continental

Bagel (G) (M) - £0.75/£0.85

Croissant (E) (G) (M) - £0.75/£0.85

Waffles x 2 (E) (G) (M) - £1.95/£1.60

Pastries (G) - £0.75/£0.85

Pancakes x 3 (G) - £1.50/£1.80

#### BOWL BAR

DIY Bowl - Includes granola, fruit, dried fruit, yogurt, nuts, cereal, syrup & seeds - £2.60

Overnight oats (G) - £1.80/£1.90

Fresh fruit bowl - £1.80

Cereal - £1.00

#### **ENGLISH BREAKFAST**

Slice (green/smoked) bacon - £0.75/£0.95

Sausage (G) - £0.85/£1.05

Two vegan sausages (CE) (G) - £1.20/£1.55

Sliced fried bread (G) (SOY) - £0.30/£0.40

Portion baked beans - £0.75/£1.00

Slice black pudding (G) - £0.50/£0.75

Fried egg (E) - £0.30/£0.40

Scrambled egg (E) (M) - £0.80/£1.00

Tomatoes x 2 - £0.35/£0.45

Mushrooms - £0.90/£1.25

#### BRUNCH SPECIAL - £3.75/£4.50

See specials board

#### SUNDAY NIGHT SUPPER CLUB

Roast pork with crackling & apple sauce - £2.80/£3.40

Bolognese pasta bake topped with mozzarella (G)(M)(CE) - £3.10/£3.55

Baked squash filled with Thai green Quorn casserole - £1.80/£2.60



#### **SIDES**

Roasted potatoes

Green beans

Sweetcorn

Mini jacket potatoes