

King's College Servery

Week 1 Menu



Breakfast - Served from 8.00am - 9.15am

Lunch - Served from 12.15pm - 1.30pm

Dinner - Served from 6.00pm - 7.30pm





Weekends - Brunch served from 11.00am - 1.30pm

Contains: (D) = Dairy (F) = Flour (N) = Nuts (A) = Alcohol

		Member	Non member
Monday 14th May 2012			
Lunch			
Roast pork carvery	●	£2.30	£3.05
Cod fish cakes, red pepper sauce (DF)	●	£2.05	£2.50
Spaghetti bolognese (DF)	●	£2.05	£2.50
Vegetarian: Spaghetti bolognese (DF)	●	£2.05	£2.50
Dinner			
Greek style lamb stew (D)	●	£2.30	£3.05
Poached chicken supreme with herb veloute (D)	●	£2.30	£3.05
Vegetarian: Singapore stir-fry (DF)	●	£2.05	£2.50
Tuesday 15th May 2012			
Lunch			
Braised brisket of beef with Yorkshire pudding, wholegrain mustard (DF)	●	£2.30	£3.05
Chicken Jalfrezi with naan bread (DF)	●	£2.30	£3.05
Salmon with crab bisque (D)	●	£2.30	£3.05
Vegetarian: Sweet potato, asparagus, laksa & vermicelli (D)	●	£2.05	£2.50
Dinner			
Bratwurst sausage & sauerkraut	●	£2.30	£3.05
Cajun cat fish with tomato & lime salsa	●	£2.05	£2.50
Vegetarian: Leek & asparagus tart (DF)	●	£2.05	£2.50
Wednesday 16th May 2012 - Vegetarian Special Day			
Lunch			
Roast turkey carvery with cranberry sauce	●	£2.30	£3.05
Pollo alla cacciatora (Hunter's chicken stew)	●	£2.30	£3.05
Vegetarian: Penne puttanesca (DF)	●	£2.05	£2.50
Vegetarian: Tomato, basil & spinach gnocchi with red onion (DF)	●	£2.05	£2.50
Dinner			
Pork schnitzel with beetroot pickle (DF)	●	£2.30	£3.05
Chilli tacos with sour cream (DF)	●	£2.05	£2.50
Vegetarian: Quorn chilli tacos with sour cream (DF)	●	£2.05	£2.50
Thursday 17th May 2012			
Lunch			
Roast lamb carvery with red currant jelly	●	£2.30	£3.05
Seafood paella with crusty ciabatta	●	£2.30	£3.05
Tandoori chicken leg with mango chutney (D)	●	£2.05	£2.50
Vegetarian: Aubergine & black-eyed bean korma (N)	●	£2.05	£2.50
Dinner			
Beef & black bean sauce	●	£2.05	£2.50
Salt roasted mackerel with fried capers & sage	●	£2.05	£2.50
Vegetarian: Roast vegetable, basil & mozzarella wraps (DF)	●	£2.05	£2.50

Friday 18th May 2012

Lunch












Muscavdo & Dijon glazed gammon with parsley sauce		£2.30	£3.05
Sustainable fish in batter with tartar sauce (F)		£2.30	£3.05
Steak & Guinness pie (DFA)		£2.30	£3.05
Vegetarian: Mediterranean vegetable strudel (DF)		£2.05	£2.50

Dinner

North African chicken stew		£2.30	£3.05
Pork osso bucco		£2.30	£3.05
Vegetarian: Moussaka (DF)		£2.05	£2.50

Saturday 19th May 2012

Brunch












Muffin (DF)		£0.58	£0.78
Sliced fried bread (F)		£0.28	£0.38
Slice (green/smoked) bacon		£0.70	£0.90
Portion baked beans		£0.75	£0.95
Slice black pudding		£0.50	£0.65
Fried egg		£0.27	£0.35
Mushrooms		£0.80	£1.15
Sausage (F)		£0.80	£0.95
Two vegetarian sausages (F)		£1.15	£1.45
Tomatoes (two halves)		£0.30	£0.40
Portion of fried potatoes / Hash brown (F)		£0.85	£1.20
Saturday Brunch Special		£2.30	£3.05

Dinner

Plaice goujons with dill & mustard dip (DF)		£2.30	£3.05
Grilled turkey escalope with chilli, lemon, garlic & oregano		£2.05	£2.50
Vegetarian: Pepper & butternut squash stew		£2.05	£2.50

Sunday 20th May 2012

Brunch

Muffin (DF)		£0.58	£0.78
Sliced fried bread (F)		£0.28	£0.38
Slice (green/smoked) bacon		£0.70	£0.90
Portion baked beans		£0.75	£0.95
Slice black pudding		£0.50	£0.65
Fried egg		£0.27	£0.35
Scrambled egg		£0.75	£0.95
Sausage (F)		£0.80	£0.95
Two vegetarian sausages (F)		£1.15	£1.45
Tomatoes (two halves)		£0.30	£0.40
Portion of fried potatoes / Hash brown (F)		£0.85	£1.20
Sunday Brunch Special		£2.30	£3.05

Dinner

Roast chicken, sage & onion stuffing, gravy		£2.30	£3.05
Braised steak bourguignon (F)		£2.05	£2.50
Vegetarian: Macaroni cheese & garlic bread (DF)		£2.05	£2.50

Daily

Jacket potato	£1.00	£1.30
Jacket potato filling	£0.75	£0.90
Assorted cereals	£0.85	£1.20
Soup of the day	£0.90	£1.20
1 Vegetable choice	£0.75	£0.95
Potatoes / Rice	£0.75	£0.90
Assorted sweets	£1.20	£1.50

Carbon Target - Aiming for Green; for a sustainable future

Ingredients: Sourced, produced & delivered from:

East Anglia
 United Kingdom
 UK & Overseas
 Overseas

(based on majority of ingredients in dish)

